

## MID-HERTS FOOTPATHS SOCIETY

Chairman	Andrew Picken 32 Sherrardspark Road, W.G.C. AL8 7JS	07594 335673
Treasurer & Membership	Christine Goodwin 16 Grange Hill, Welwyn. AL6 9RW	07449 097313
Secretary	Sandy Jones 143 Broad Oak Way, Stevenage. SG2 8RD	01438 720632
Walks Organisers	Alison Philips (Sundays) Colin Metherell (Shorter Wednesdays) Gill Waldock (Longer Wednesdays)	01707 894078 01992 422052 01438 315848

### WALKS AND SOCIAL PROGRAMME – May – Oct 2024

**The Sunday, Bank Holiday Monday & Tuesday Evening Walks now start at the stated time from the listed Meeting Point.**

All day walks include a lunch stop, sometimes (but not always), start at or near a pub. Bring a picnic but please do not consume your own drink (including coffee etc) on pub premises. Please do not eat in the garden or use the pub toilet facilities if you have not purchased a drink and do not enter the pub wearing muddy boots.

Figures of 8 enable walkers to join or leave the all-day walk at lunchtime.

Dog owners are requested not to bring their dogs on walks as we have had problems in the past.

**Safety:** Would members and guests please be advised that they take part in our activities at their own risk.

### DATA PROTECTION

Our membership records are held in a computer file. If any member objects to this, please contact Christine Goodwin.

Check our website regularly at [midhertsfootpathsociety.co.uk](http://midhertsfootpathsociety.co.uk) for any updates

Sundays, Bank Holiday Mondays, Tuesday evenings – various distances

Wednesday Short Walks – 4-5 miles

Wednesday Short Ambles – 2-3 miles (None scheduled for this programme)

Wednesday Longer Walks – 6-7 miles

<u>Day/ Date</u>	<u>Time</u>	<u>Meet</u>	<u>Details</u>	<u>Leader/Phone</u>	<u>Miles</u>
WED May 1	10am	266125	Panshanger Football Centre, Sylvan Way, WGC AL7 2RT	Colin Metherell	4.5
WED May 1	10am	229202	Lytton Arms Old Knebworth, SG3 6QB	Christine Goodwin 07449 097313	7
SUN May 5	1:45pm	217187	John Clements Sports Ground, Bury Lane, Codicote SG4 8XY	Alison Phillips 07799 221600	5
WED May 8		276207	Three Horseshoes Hooks Cross SG14 3RY	Carol Stokes	4.5
WED May 8	10am	258297	The Cricketers Damask Green, Weston Stevenage Walking Festival	Michael Shelley 07812 739085	7
SUN May 12	10am	267397	West End of The Main Church, Ashwell SG7 5LY Walkers can visit Gardens - Open between 11am and 5pm as part of the 'National Open Gardens Scheme'.	John Howes 01727 867766	6
WED May 15	10am	307124	Thieves Lane car park Panshanger	Brian Martinelli	5
WED May 15	10am	393253	The Golden Fleece Braughing SG11 2PG	Wendy Brown 07802 708000	7
SUN May 19	10am	305235	Benington Recreation Ground off Oak Tree Close	Michael Shelley 07812 739085	7
WED May 22	10am	150220	Red Lion Breachwood Green SG4 8NU	Sue & Doug 07858 422593	4.8
WED May 22	10am	174164	Cross Keys Gustard Wood AL4 8LA	Susan Marsh 07976 369034	7
WED May 29	10am	292078	Five Horseshoes Little Berkhamsted SG13 8LY	Pearl & David	4
WED May 29	10am	275287	The Rising Sun Hall's Green SG4 7DR	Gill Waldock 07908 580749	7
SUN Jun 2	10am	168104	Car park behind the Village Hall Sandridge AL4 9DD Walk will be to Chidwickbury and around Batchwood. Hopefully the rhododendrons will be out.	Jill Wilcox 07930 256636	6

<u>Day/ Date</u>	<u>Time</u>	<u>Meet</u>	<u>Details</u>	<u>Leader/phone</u>	<u>Miles</u>
WED Jun 5	10am	231157	Ottway Walk car park Welwyn	Maggie Dowding	4 or 5
WED Jun 5	10am	395381	The Chequers Barley SG8 8JQ	Steve Kiln 07920 482111	6
TUE Jun 11	7:00pm	194168	Road outside Brocket Arms Ayot St Lawrence AL6 9BT	Alison Phillips 07799 221600	5
WED Jun 12	10am	195168	Brocket Arms Ayot St Lawrence AL6 9BT	Elaine & Keith	4.5
WED Jun 12	10am	180247	Red Lion Preston	Andrew Picken 07594 335673	7
SUN Jun 16	10am	120303	Rear of The Vue Pub Pegsdon SG5 3JX	Nicholas Furr 07951 646925	7
WED Jun 19	10am	258279	The Cricketers Damask Green Road Weston SG4 7DA	Peter Day	5
WED Jun 19	10am	106306	The Raven Hexton SG5 3JB	John Spiers 07990 736958	7
WED Jun 26	10am	273243	The Crown Aston End SG2 7HD	Dave C	5
WED Jun 26	10am	301193	George and Dragon Watton at Stone, SG14 3TA (to be confirmed)	Christine Goodwin 07449 097313	7
WED Jul 3	10am	172106	Queen's Head Sandridge AL4 9DL	Beryl Grey	4.8
WED Jul 3	10am	359175	The Feathers Wadesmill SG12 0TN	Michael Shelley 07812 739085	7
SUN Jul 7	1:45pm	176185	Parkfield Sports Ground, Kimpton SG4 8 EG	Susan Marsh 07976 369034	5
WED Jul 10	10am	246154	Cowper Arms Digswell AL6 0EA	Brian Martinelli	4.5
WED Jul 10	10am	382117	Jolly Fisherman 8 Station Road, St Margarets, Near Ware, SG12 8DH	Andrew Picken 07594 335673	7
WED Jul 17	10am	182317	Plume of Feathers Ickleford SG5 3YD	Pearl & David	3.5 or 4.5
WED Jul 17	10am	359175	The Feathers Inn Wadesmill SG12 0TN	Wendy Brown 07802 708000	7
SUN Jul 21	10am	TQ 144984	Roundbush Lane WD25 8BG (Near Aldenham)	Alison Anderson 07804 444673	7
WED Jul 24	10am	231344	Three Horseshoes Norton SG6 1AG	Carol Stokes	4
WED Jul 24	10am	395155	The Chequers Inn Wareside SG12 7QY	Phillip Spencer 07857 601849	7
WED Jul 31	10am	359143	Kibes Lane North Car Park Ware SG12 7BX	Catherine Sullivan	5

<u>Day/ Date</u>	<u>Time</u>	<u>Meet</u>	<u>Details</u>	<u>Leader/phone</u>	<u>Miles</u>
WED Jul 31	10am	368071	The Bull Broxbourne EN10 7DZ	Barry Mills 01992 420185	7
SUN Aug 4	10am	397252	near Brown Bear Braughing SG11 2QF	John Howes 01727 867766	10
WED Aug 7	10am	218188	Codicote Sports Centre Codicote SG4 8XY	Brian Martinelli	4.5
WED Aug 7	10am	292078	The Five Horseshoes Little Berkhamsted SG13 8LY	Alison Phillips 07799 221600	7
WED Aug 14	10am	271152	Plume of Feathers Tewin AL6 0LX	Joan Taylor	4.5
WED Aug 14	10am	180247	Red Lion Preston SG4 7UD	David Finn 07818 167463	7
SUN Aug 18	2:00pm	358140	Amwell East Car Park, Broadmeads, Ware SG12 9HX	John Howes 01727 867766	5
WED Aug 21	10am	103119	Car Park opposite The Cricketers Redbourn AL3 7ND	Jill Wilcox 07930 256636	4
WED Aug 21	10am	183036	The Bull London Colney AL2 1QU	Andrew Picken 07594 335673	7
WED Aug 28	10am	201061	Colney Heath car park next to the school	Rose & David	4
WED Aug 28	10am	117264	Lilley Arms Lilley LU2 8LN	Christine Goodwin 07449 097313	7
SUN Sep 1	10am	384118	Public Car Park, High Street, Stanstead Abbots SG12 8AS	Alison Phillips 07799 221600	7
WED Sep 4	10am	193222	Strathmore Arms St Paul's Walden Bury SG4 8BT	Tony Tomlinson	4.5
WED Sep 4	10am	180247	Red Lion Preston SG4 7UD	Phillip Spencer 07857 601849	7
WED Sep 11	10am	195168	Brocket Arms Ayot St Laurence AL6 9BT	Beryl Grey	5
WED Sep 11	10am	174183	The Boot Kimpton SG4 8PT	Ruth Carter 07904 626865	7
SUN Sep 15	10am	266125	Moneyhole Lane Playing Fields Car Park, Sylvan Way Welwyn Garden City AL7 2RT	Alison Anderson 07804 444673	6
WED Sep 18	10am	218188	Codicote Sports Centre Codicote SG4 8XY	Elaine & Keith	4.5
WED Sep 18	10am	271148	Rose and Crown Tewin AL6 0LE	Andrew Picken 07594 335673	7
WED Sep 25	10am	246154	Cowper Arms Digswell AL6 0EA	Brian Martinelli	4.5
WED Sep 25	10am	334171	Robin Hood and Little John, Tonwell SG12 0HN	Christine Goodwin 07449 097313	7
WED Oct 2	10am	394253	Golden Fleece Braughing SG11 2PG	Colin Metherell	4.5

<u>Day/ Date</u>	<u>Time</u>	<u>Meet</u>	<u>Details</u>	<u>Leader/phone</u>	<u>Miles</u>
WED Oct 2	10am	121328	Musgrave Arms 16 Apsley End Road Shillington SG5 3LX	Gill Waldock 07908 580749	7
SUN Oct 6	10am	106306	Village Street near The Raven, Hexton SG5 3JB	Nicholas Furr 07951 646925	7
WED Oct 9	10am	235052	Sibthorpe Arms Welham Green AL9 7LP	Tony Tomlinson	4.5
WED Oct 9	10am	195168	Brocket Arms Ayot St Lawrence AL6 9BT	Christine Goodwin 07449 097313	7
WED Oct 16	10am	223260	The Fisherman Fishers Green SG1 2JA	Dave C	4.5
WED Oct 16	10am	221124	The Sun Inn Lemsford AL8 7TN	Phillip Spencer 07857 601849	7
SUN Oct 20	10am	428193	Near Bull Inn Much Hadham SG10 6BU	John Howes 01727 867766	7
WED Oct 23	10am	168104	Sandridge car park	Rose & David	4
WED Oct 23	10am	274227	Rose & Crown Aston SG2 7DX (under refurbishment as a community pub - may need to be changed)	Michael Shelley 07812 739085	7
WED Oct 30	10am	359175	The Feathers Wadesmill SG12 0TN	Sue & Doug	4.8
WED Oct 30	10am	170105	The Queens Head Sandridge AL4 9DL	Ian Whinnett 01727 861176	7

**Dates for your diary:**

## SOCIAL NOTES AND HOLIDAY INFORMATION.

### SOCIAL NOTES

The Autumn Social was held on Tuesday 10 October 2023, when 40 plus members came to hear Christine Goodwin and me talk about our Coast to Coast walk and enjoy two of Alison Anderson's delicious home-made cakes!

The Spring Party was held on Saturday 23 March when 30 members, including those from all walking groups as well as some non-walkers shared some excellent food. This was followed by some quizzes.

Wendy

### AUTUMN SOCIAL EVENING

This year's **Autumn Social** will be on **Tuesday 15 October** when **Andrew Picken** will speak about the **Painted Houses of Shekhawati Rajasthan**. The talk will be held in the small hall at **Welwyn Civic Centre, Welwyn AL8 6HH** from **7pm to 9.30pm**.

### HOLIDAYS REPORT

Last year's holidays in **Dolgellau** and **St. Ives** were reported in previous 2023 programmes.

### FORTHCOMING EVENTS

1. **May 6-10 to Dovedale** on which we have about 14 reserved places.
2. **Oct 21-25 to Abingworth** on which about 12 places are reserved.

If anyone is interested in joining either party, please contact Sue Fletcher on [fletchsue@yahoo.co.uk](mailto:fletchsue@yahoo.co.uk)

Sue

### CHAIRMAN'S NOTES

I am looking forward to the next six months programme, Thanks to all the walk leaders and coordinators for as always organising such an excellent programme. I hope we can all bring some new people to the joys of walking and increase our numbers.

#### **Advice for Walk leaders and What to do in an emergency**

All walkers should carry a contact name and telephone number which could be used should the need arise. This may be stored on a mobile phone under the name "ICE" (In Case of Emergency).

See

[https://smartdriving.co.uk/Driving/Driving\\_emergencies/ICE.html#:~:text=By%20entering%20the%20acronym%20ICE,be%20contacted%20in%20an%20emergency](https://smartdriving.co.uk/Driving/Driving_emergencies/ICE.html#:~:text=By%20entering%20the%20acronym%20ICE,be%20contacted%20in%20an%20emergency)

5 key things for walk leaders

- First aid - The person responsible for their safety and happiness on a walk is the individual. It is wise to carry a simple first aid kit or ensure someone else in the group has one.

- We have now purchased walk leaders' packs for our walk leaders to carry, although this does not mean the leader is in any way responsible for individuals. See below for details

- Insurance - all walk at their own risk
- In case of emergency, be sure you or one of the group have a charged phone at hand and know how to explain your position to the emergency services.

See and familiarise yourself with what3words <https://what3words.com/how-to-use-the-what3words-app>

And with grid references <https://gridreferencefinder.com/>

- make sure you know the route by walking it out in advance; beware of too many busy roads and consider if there are any other hazards
- appoint a back-marker if you have more than ten walkers and together ensure that you don't lose anyone. Make sure you can communicate with the back-marker.
- encourage everyone to carry a card or an ICE Phone with Next of Kin

There is an excellent checklist for walk leaders provided by The Ramblers Association to which we are affiliated. Our walks are not insured through the Ramblers - all members and walkers agree to walk at their own risk. [https://www.rugbyramblers.org.uk/downloads/dl\\_walk\\_leader\\_checklist.pdf](https://www.rugbyramblers.org.uk/downloads/dl_walk_leader_checklist.pdf)

There is also some useful general advice on safety on walks here. <https://www.ramblers.org.uk/safety>

### **Mid Herts Footpaths Society Walk Leaders Pack**

The pack includes the following:

- A first Aid Kit – for use in case of injury
- A survival bag – to be used to keep warm anybody who is injured or in shock
- Two high visibility jackets - to be worn by the walk leader and back marker on any sections of the walk that are on roads
- A whistle – to be carried by the back marker in case there is a need to contact the walk leader and there is no mobile phone coverage.
- A note to say – In the event of this pack being found please contact Christine Goodwin (0744 909 7313) or one of the walk coordinators.

The leader of each walk should arrange to collect the pack from the appropriate walk coordinator and return it after the walk.

The walk leader and the back marker should exchange mobile phone numbers at the start of the walk.

Walk coordinators are:

- Long walks: Gill Waldock
- Short walks and Ambles: Colin Metherell
- Sunday and Bank Holiday walks: Alison Philips

Andrew Picken